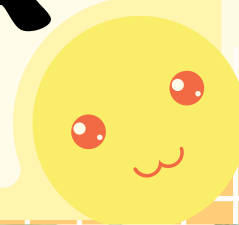




MONTHLY NEWSLETTER

2026



WEEK 1

THEME - GETTING DRESSED

This week, our little learners at Al Nahda Nursery stepped into the role of helpers and caretakers at our interactive life-skills station. The children used classroom baby dolls to practice the step-by-step sequence of getting dressed. This practical exercise allows them to manipulate clothing from an external perspective, making it much easier to understand how sleeves, necklines, and waistbands function before applying those same skills to themselves.



KEY ACTIVITIES:

Our days have been filled with immersive, playful learning sessions tailored to turn everyday routines into exciting challenges:

- Dress-Up Role Play:** The dramatic play corner was transformed into a bustling wardrobe where children tried on various occupational and seasonal outfits.
- Matching Clothes Activity:** Interactive pairing games matching left and right shoes, socks, and coordinating top-and-bottom combinations.
- Sorting Summer & Winter:** A tactile tabletop game sorting real items like woolly hats and sun visors into respective season baskets.
- Colouring Clothing Sheets:** Fine arts session where kids personalized their dream outfits, refining pencil grip and color selection.



WEEK 2



THEME- FRUITS, COLOURS, SUMMER SEASON



This week, Al Nahda Nursery celebrated the vibrant colors of summer with a special focus on the color yellow! Our cheerful fruit parade brought learning to life as children dressed up in delightful banana and mango costumes, building social confidence. Meanwhile, our tactile sorting station, Also challenged students to categorize a colorful harvest into "Fruits" and "Vegetables" baskets. This hands-on activity beautifully strengthened their early math-readiness, visual discrimination, and fine motor coordination.

KEY ACTIVITIES:

- Fruit Identification & Dramatic Dress-Up: Exploring sweet summer items (like mangoes and bananas) through interactive dress-up, rhymes, and visual matching games to expand descriptive vocabulary.
- Tactile Basket Sorting: Hands-on categorization games where children sort realistic play-food models by food group, size, and vibrant colors (red, green, and yellow).
- Summer Season & Hydration Awareness: Engaging circle-time discussions centered around our classroom "Daily Calendar" board to learn about hot weather, the sun, and building healthy water-drinking habits.
- Ice Cream & Sun Craft Activity: A fine-motor art session where students created bright paper sun designs and layered colorful multi-scoop paper ice creams.



WEEK 3



THEME-VEGETABLES

Our tiny explorers at Al Nahda Nursery ventured into the wonderful garden of nutrition for Week 3! This week centered entirely on helping children learn about vegetables and develop healthy eating habits early in life. Our students took part in an interactive vegetable sorting activity at the main table. Guided by our learning focus, the children worked on the identification of vegetables and colors and names of vegetables by handling realistic models. Classifying items like bright tomatoes and green cucumbers into labeled baskets boosted their healthy food awareness while building mathematical sorting skills.

KEY ACTIVITIES:

- **Real Vegetable Exploration & Sorting:** A hands-on sorting game where children interact with realistic produce models, separating root vegetables from greens and placing them into specialized bins.
- **Flashcards & Naming Games:** High-energy vocabulary sessions using colorful cards to master the names, colors, and correct pronunciation of various vegetables.
- **Vegetable Printing Art:** An artistic sensory session where children dipped cut okra, potatoes, and bell peppers into washable paint to stamp beautiful, textured patterns onto large poster sheets.
- **Healthy Food Awareness Circle:** Engaging group discussions centered around making smart snack choices, encouraging kids to try a variety of colorful vegetables during meal times.



WEEK 4



THEME-TRANSPORT

This week focused entirely on introducing our children to different modes of transport and how people travel, serving as a perfect gateway to understanding distance, movement, and the world around them. Our learning focus sailed straight into differentiating between land, air, and water transport. To bring this concept to life, our classroom transformed into an imaginative sea and sky lane. Our creative little explorers had an absolute blast stepping behind a giant, colorful, hand-crafted submarine prop! Peeking through the portholes, they pretended to navigate the deep blue sea, which perfectly supported our goals for deep vocabulary building (car, bus, plane, boat) and understanding movement and travel through dramatic play.

KEY ACTIVITIES:

- **Transport Sorting Activity:** An interactive floor-map game where students categorize toy vehicles based on whether they travel along tracks, fly through clouds, or cruise across waves.
- **Imaginative Submarine & Vehicle Role Play:** Using our colorful handcrafted props to simulate travels, helping children experience the roles of captains and pilots firsthand.
- **Vehicle Colouring Sheets:** A fun fine-motor art session where children color distinct modes of travel while discussing how each vehicle helps our community move.
- **3D Transport Craft Activity:** A hands-on construction hour where kids build their very own miniature paper plate sailboats and rolling cardboard cars.

